Designers must decide, early in the design process, whether to create long pages that require extensive scrolling or shorter pages that will require users to move frequently from page to page (an activity referred to as paging). This decision will be based on considerations of the primary users and the type of tasks being performed. For example, older users tend to scroll more slowly than younger users; therefore, long scrolling pages may slow them down considerably. As another example, some tasks that require users to remember where information is located on a page may benefit from paging, while many reading tasks benefit from scrolling.

Generally, designers should ensure that users can move from page to page as efficiently as possible. If designers are unable to decide between paging and scrolling, it is usually better to provide several shorter pages rather than one or two longer pages. The findings of usability testing should help confirm or negate that decision.

When scrolling is used, a Web site should be designed to allow the fastest possible scrolling. Users only should have to scroll through a few screenfuls, and not lengthy pages. Designers should never require users to scroll horizontally.
8:1 Eliminate Horizontal Scrolling

**Guideline:** Use an appropriate page layout to eliminate the need for users to scroll horizontally.

**Comments:** Horizontal scrolling is a slow and tedious way to view an entire screen. Common page layouts including fluid and left-justified may require some users to scroll horizontally if their monitor resolution or size is smaller than that used by designers.

**Sources:** Bernard and Larsen, 2001; Lynch and Horton, 2002; Nielsen and Tahir, 2002; Spyridakis, 2000; Williams, 2000.

**Example:**

![Web page examples](image)

These Web pages require users to scroll horizontally.
Guideline: Facilitate fast scrolling by highlighting major items.

Comments: Web pages will move quickly or slowly depending on how users elect to scroll. Some users click on the arrows at the ends of the scroll bar, which can be slow but does allow most information to be read during the scrolling process. Other users drag the scroll box, which tends to be much faster. When the scroll box is dragged, the information may move too fast on the screen for users to read prose text, but they can read major headings that are well-designed and clearly placed. Keep in mind that older users (70 and over) will scroll much more slowly than younger users (39 and younger).


Example:

Bold, large text and an accompanying graphic are effectively used to draw the user’s attention during fast scrolling.
8:3 Use Scrolling Pages For Reading Comprehension

**Guideline:** Use longer, scrolling pages when users are reading for comprehension.

**Comments:** Make the trade-off between paging and scrolling by taking into consideration that retrieving new linked pages introduces a delay that can interrupt users’ thought processes. Scrolling allows readers to advance in the text without losing the context of the message as may occur when they are required to follow links.

However, with pages that have fast loading times, there is no reliable difference between scrolling and paging when people are reading for comprehension. For example, one study showed that paging participants construct better mental representations of the text as a whole, and are better at remembering the main ideas and later locating relevant information on a page. In one study, paging was preferred by inexperienced users.

**Sources:** Byrne, et al., 1999; Campbell and Maglio, 1999; Piolat, Roussey and Thunin, 1998; Schwarz, Beldie and Pastoor, 1983; Spool, et al., 1997; Spyridakis, 2000.

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8:4 Use Paging Rather Than Scrolling

**Guideline:** If users’ system response times are reasonably fast, use paging rather than scrolling.

**Comments:** Users should be able to move from page to page by selecting links and without having to scroll to find important information.

**Sources:** Nielsen, 1997e; Piolat, Roussey and Thunin, 1998; Schwarz, Beldie and Pastoor, 1983.
**Scroll Fewer Screenfuls**

**Guideline:** If users are looking for specific information, break up the information into smaller portions (shorter pages).

**Comments:** For many Web sites, users deal best with smaller, well-organized pages of information rather than lengthy pages because scrolling can take a lot of time. Older users tend to scroll much more slowly than younger users. One study found that Internet users spend about thirteen percent of their time scrolling within pages. Even though each event takes little time, cumulative scrolling adds significant time.

**Sources:** Detweiler and Omanson, 1996; Lynch and Horton, 2002; Nielsen, 1996a; Spool, et al., 1997; Spyridakis, 2000.

**Example:**

Good design of a long, content-rich document. This single document is divided into numerous sections, resulting in each page being no longer than four screenfuls.

**Strength of Evidence:** Good design of a long, content-rich document. This single document is divided into numerous sections, resulting in each page being no longer than four screenfuls.